



NAME **BALSAMIC BEEF SANDWICHES**

CROCKPOT INSTRUCTIONS:

- Thaw the freezer meal overnight in the fridge.
- Cover then cook on low for 7-8 hours or until meat shreds very easily.
- When done cooking, shred meat then return to crockpot and cook on low for 1 more hour.

USE-BY-DATE

FREEZER FIT

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